Thunder Basin Orthopaedics and Sports Medicine

Mark G. Murphy, MD * Joseph F. Allegretto, MD Robert J. Woodruff, MD * Dan A. Nicholls, PA-C * Tristyn Richendifer, PA-C

Today's Date:			
Patient's Legal Name:		Date of Bird	th:
□o known allergies or dru	ıg allergies (please check w	hen none are known)	
Allergies:		Type of Reaction: (i.e. hives, na	ausea)
***Do you have a Latex allerg	y?		
Why are you seeing the doo	ctor today? 🗆 Left 🗀 Ri	ght 🗆 Both	(body part)
Is this visit for an injury?	□ Yes □ No DA	TE of Injury:	Time of Day:am pm
Where were you when the i	njury occurred?		
How did the injury occur?	Please be as specific as poss	ible.)	
C. Accident *WorkAc		ther	N
*Out of state Workers' Compensa	have you filed a claim with Work tion patients will be responsible for a up for <u>Wyoming</u> or any other state, p	any remaining balance not covered	
Brief description of the syn	nptoms you are experiencing	(i.e. pain, popping, swelling)	
Current Medications:(Ple	ase include Herbal Suppleme	ents and Vitamins)	
Medications:	Dose:	How Long?	Side Effects:
Have you ever had general Have you ever had problem Any personal or family hist			NO (Describe):

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~ Patient Information and Consent ~

Last Name		First Name _		MI
Mailing Address		City	State	Zip
Physical Address		City	State	Zip
Phone:	Cell	DOB	Ag	e Sex
Email				
Marital Status	Social Security No	umber	Studer	it □ Yes □ No
Primary Physician	Ph	narmacy Preference		
How did you hear about us?				
Referred by				
Emergency contact not living with	you		Phone	
Patient's Employer				
Employer			□ Full ⁻	Time □ Part Tim
Occupation				
Address				
City	State	Zip	Phone	
Guarantor Information—Person Res	sponsible for Medical	Expenses		
Name			Relationsh	nip
Social Security Number		Date of Birth	Pho	ne
Mailing Address:				
City	State	Zip	Phone	
Employer			□ Full ⁻	Time □ Part Tim
Employer Phone				
Primary Insurance				
Company				
Address:		City	State	Zip
Phone Policy	y #	Gı	oup #	
Policy Holder			DOB	
Other Insurance				
Company				
Address:		City	State	Zip
Phone Policy	y #	Gı	oup #	

_	aff of Thunder Basin Orthopaedics permissi hile under their medical care.	ion to examine me and make
Signature	Relationship to Patient	Date
☐ Please do not disc	cuss my medical information with anyone	except myself.
☐ I give Thunder Bas condition and treatm	in Orthopaedics permission to give inform nent to:	ation on my medical
	Relatio	nship
☐ I give permission to	o my employer to attend my office visit(s).	
☐ I give TBO permissi	ion to give information and medical docu	imentation to my employer.
Signature	Patient Name	Date
	have been given a written copy of Thuncoolicies regarding my personal health infor	·
Signature	Relationship to Pati	ent Date
	and, and agree to the attached Financial I by my insurance company, as well as ap esponsibility.	-
Signature	Patient Name	Date
knowledge. I hereby them to furnish health	mation that I have given is correct and tru assign benefits to Thunder Basin Orthopae n information regarding me to my insurand ny amount not paid by my insurance.	edics& Sports and authorize
	Relationship to Patient	Date

THUNDER BASIN ORTHOPAEDICS & SPORTS MEDICINE

Policy Regarding Narcotic Medications

Welcome to TBO to all new patients; for all existing patients, thank you for your support and patronage for the past several years. Because of newer and stricter guidelines, imposed by the state of Wyoming and the Wyoming State Pharmacy Board, regarding the prescription use of narcotics and the documentation thereof, the physicians and other providers at TBO are compelled to provide this list of guidelines for your understanding and compliance.

- 1. TBO is an orthopaedic clinic facility, not an emergency room, pain clinic, or provider of urgent care. Patients are seen on a scheduled basis, but a referral is not necessary. If you have a physician who is managing your pain issues, he/she will continue to do so and you will need to advise us of this upon completion of initial paperwork. TBO will send a copy of our office notes and recommendations to that physician if you request.
- 2. The narcotic medications will be prescribed for <u>Severe Pain Issues Only</u>. These include patients who have suffered fractures or dislocations, undergone surgery, or have been involved recently (less than 3 months) in an acute trauma. The patient should provide the date and/or documentation of this trauma.
- 3. Refills for narcotic medications must be requested prior to 3 p.m., Monday through Thursday, excluding holidays. The physicians will review this request upon notice within 48 hours during the week. **In other words, you should call for a refill at least 48 hours before your supply runs out.** If you call for a refill on a Friday, it is probable that your request will not be addressed until the following Tuesday.
- 4. Drug seeking behavior, either documented or suspected by the physician, may be grounds for immediate restriction of all narcotic prescriptions from TBO. This behavior includes, but is not limited to: Calling afterhours for narcotic refills; receiving simultaneous narcotic prescriptions from physicians other than the staff at TBO; failure to comply with substitute, non-narcotic medications or therapies; failure to notify the physician of previous narcotic dependence/addiction; and taking pain medication in excess of the prescribed dose and regimen.
- 5. Refills will <u>NOT</u> be given in the case of "lost", stolen, inadvertently flushed, or otherwise destroyed medications. Please Keep Your Prescription and/or Medication In A Safe or Otherwise Restricted Area.
- 6. Under no circumstances will TBO refill narcotic medications longer than <u>three months</u>. If further narcotic management is deemed necessary—either by the patient or the physician, a referral to a pain clinic or pain management specialist will be made.
- 7. Benefits of the narcotic medication will be evaluated regularly using the following criteria: increase in general function, increase in life activities, improvement in pain intensity levels, possible return to work and maintenance of a job.

l,	, have read, understand, and will comply with all of the guidelines
listed above concerning narcotic medications.	
Patient Signature	 Date

You as the patient have the right to request a copy of this signed agreement at any time

Lumbar Initial History Form

Who referred you?		
When did your symptoms star	rt?	
How did they start (MVA, fall,	woke up with pain, etc.)?	
Do you smoke or chew tobacc	:o? Y N How much?	
Use the following symbols to Circle the numbers that most	indicate on the diagrams the locat accurately describe your pain leve	ion and type of your symptoms. el.
No Pain	Unbearal	ble pain
On average 0-	12345678\$	910
	The state of the s	XXXXXXX Sharp / Stabbing ^^^^^ Numbness ********** Pins and Needles 0000000 Ache ////// Burning
At its worst 0-	123456789	910
My symptoms are worse when	n I:	
Bending forward Bendi	ng backward Twisting Lifting	Sitting Driving Walking
Standing Housework _	Lying down Other:	

My symptoms are better when I:
Bending forward Bending backward Twisting Lifting Sitting Driving Walking
Standing Housework Lying down Other:
I have tried:
Physical Therapy Chiropractor Heat Ice Massage Traction Acupuncture
Ibuprofen Aleve Meloxicam Celebrex Naproxen Aspirin Motrin Diclofenac
Tylenol Topicals Flexeril Baclofen Robaxin Hydrocodone Oxycodone
Tramadol Gabapentin Lyrica
Other:
Epidurals (Location and Dates)
Other injections (Types)
Previous spinal surgeries (Date/Procedure/Surgeon)
Other symptoms:
Fever Chills Nausea/Vomiting Sweating Night pain Weightloss Weight gain
Bowel problems (constipation, loose stool, other) Loss of urinary control (urgency, stress, other)
Unsteadiness with walking Falling Problems buttoning shirts Changes in handwriting

Using Adobe Acrobat Reader 8.0 or later

Review of Systems

Please answer every question

	PLEAS	E PKI	NI P	AIIEI	N I 2	LASI	IVAIV	IE										
Marking Instructions																		
Please use a # 2 pencil	PLEAS	SE PRI	NT P	ATIE	NT'S	FIRS	T NAN	ΛE		PA	TIENT	'S D	ATE (OF B	IRTH			
Fill in the complete oval as shown																		
										Moi	nth		Day			Ye	ar	

Please mark only the symptoms you **CURRENTLY** are experiencing.

Mark all that apply ---- if no symptoms, please mark "NONE"

General		fever 🔾	weight gain	
General	tirodnoss 🔘			
	tiredness O	fatigue O	persistent infections	NONE
Fuee	night sweats	weight loss	chills O	NONE O
Eyes	headache 🔾	blurred vision	eye pain O	NONE
For None O Throat	double vision	excessive tearing	glasses/contacts	NONE O
Ear, Nose, & Throat	•	hearing loss	ear discharge	
	sleep apnea	seasonal allergies	oral ulcers O	NONE O
Cardiovascular	chest pain	shortness of breath	swelling hands/feet	
	calf pain 🔵	palpitations 🔾	elevated blood pressure	NONE O
Respiratory				
	cough 🔵	difficulty breathing 🔵	chronic cough 🔵	
difficulty breath	ning on exertion 🔘	wheezing 🔵	bloody sputum 🔵	NONE 🔘
Breast	breast mass 🔘	breast pain 🔘	nipple discharge 🔘	NONE \bigcirc
Gastrointestinal		constipation 🔘	hemorrhoids 🔘	
	nausea 🔘	chronic diarrhea 🔘	excessive gas 🔘	
	vomiting 🔘	abdominal pain 🔘	indigestion 🔘	
change	in bowel habits	bloody stool	heartburn 🔾	NONE
Female Genitourina		<u> </u>		
	inary frequency	vaginal itch or burning	incontinence	
	urinary urgency	painful urination	pelvic pain	
	rination at night	absence of menstruation	blood in urine	
	n bladder habits	menstrual irregularities	stress incontinence	NONE
Male Genitourinary				
-	painful urination	urinary urgency	testicular pain 🔘	
·	n bladder habits	impotence	blood in urine	
	rination at night	discharge	difficulty with erection	
	inary frequency	testicular mass	incontinence	NONE (
Musculoskeletal	mary frequency	joint stiffness	joint redness	NONE
iviusculoskeletai		joint swelling	muscle pain	
dooroood	range of motion		muscle weakness	NONE
Skin	range of motion	joint pain rash	new sore/lesion	NONE 🔾
SKIII	dryness		•	NONE
Manualanta	bruising O	hives	skin ulcer	NONE O
Neurologic	fainting	numbness	trouble walking	
	reased memory	incontinence stool	seizures	
	ss of extremities	incontinence urine	headaches	NONE O
Psychiatric	anxiety O	panic attack	fearful 🔵	
	in sleep pattern O	depression 🔘	hallucinations O	NONE O
Endocrine			cold intolerance 🔵	
	hair changes 🔘	heat intolerance 🔘	thyroid problems 🔵	
	essive urination	excessive thirst	sexual dysfunction 🔾	NONE 🔾
Heme/Lymphatic	anemia 🔵	abnormal bleeding 🔘	blood clots 🔵	
	easy bruising	excessive bleeding 🔘	prolonged bleeding 🔵	NONE _

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Patient History

Please answer every question

		PLEASE PRINT PATIENT'S LAS	T NAME			
Markin	g Instructions					
Please use a # 2 penc		PLEASE PRINT PATIENT'S FIR	ST NAME	PATIENT'S	DATE OF BIRTH	1
Fill in the complete or						
				Month	Day	Year
Social Histor	У					
Do you have an Ad	vanced Directive? No	(If yes, please provi	de a copy).			
	What is your Height?		What is	your Weight	?	
	Height		V	Veight		
	Feet Inches		P	ounds		
Marital Status Single Student Status / W Part Time Do you Live Alone? Yes Exercise Do you exercise reg	Full Time No	Separated N/A	100 200 300 400 500	10		
Yes	○ No					
	Type: Walkin			Jogging		
Frequ	── Weigh uency per week? ── 1	nt Training Cycli		Other 6	7	
Tobacco Use Do you currently us Current (e	se tobacco products? very day) Current (so er day do you (or did you) sm	me days)		Never		
Less than	1 0 1	2 3	<u> </u>		Greater tha	n 4
Do you currently us Snuff	se other tobacco products? Chewing Tobacco	o Pipe	Cigar			
Recreational / Stre		Тірс	C.pui			
		uana Cocaine	Crack-co	ocaine 🔾	Heroin	
	How frequent? O Daily	amphetamine Weekly	IV DrugMonthly		Yearly	
Alcohol Use					,	
Yes	How frequent? Occas	ional Moderate	e O He	avy	Quit	
Yes	No How frequent? Occas	ional Moderate	e He	avy	Quit	

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Patient / Family History

Please answer every question

Alcohol Abuse	Heart Disease	Osteoporosis
Anaphylaxis	Heart Pain / Angina	Polio
Anemia	Hepatitis A	Prostate Cancer
Anesthetic Complication	Hepatitis B	Rectal Cancer
Anxiety Disorder	Hepatitis C	Seizures / Convulsions
Arthritis	High Blood Pressure	Severe Allergy
Asthma	High Cholesterol	Sexually Transmitted Disease
Autoimmune Problems	HIV	Skin Cancer
Birth Defects	Hives	Steroid Use
Bladder Problems	Joint Dislocations	Steven-Johnson Syndrome
Bleeding Disease	Kidney Disease	Stroke
Blood Clots / DVT	Liver Cancer	Suicide Attempt
Blood Transfusion(s)	Liver Disease	TB (Tuberculosis)
Bowel Disease	Loose Joints	Thyroid Problems
Breast Cancer	Lung / Respiratory Disease	Ulcer
Cervical Cancer	Lung Cancer	Oicei
Colon Cancer	Major Traumatic Injury	Other Disease, Cancer, or
Depression	Marfan's syndrome	Significant Medical Illness
Diabetes	Mental Illness	Significant Medical filless
Growth / Development Disorder	Migraines	NONE of the Above
Heart Attack	MRSA Infection or Colonization	NONE of the Above
· · · · · · · · · · · · · · · · · · ·	_	history of the following:
Heart Attack	MRSA Infection or Colonization Please indicate if YOUR FAMILY have a	history of the following:
FAMILY Medical History Family History Unknown	MRSA Infection or Colonization Please indicate if YOUR FAMILY have a	history of the following: siblings, and children)
Heart Attack AMILY Medical History Family History Unknown Alcohol Abuse	MRSA Infection or Colonization Please indicate if YOUR FAMILY have a (ONLY include parents, grandparents, sometimes).	history of the following: siblings, and children) Migraines
Heart Attack FAMILY Medical History Family History Unknown Alcohol Abuse Anaphylaxis	MRSA Infection or Colonization Please indicate if YOUR FAMILY have a (ONLY include parents, grandparents, s Breast Cancer Colon Cancer	history of the following: siblings, and children) Migraines Osteoporosis
Heart Attack FAMILY Medical History Family History Unknown Alcohol Abuse Anaphylaxis Anemia	MRSA Infection or Colonization Please indicate if YOUR FAMILY have a (ONLY include parents, grandparents, s Breast Cancer Colon Cancer Depression	history of the following: siblings, and children) Migraines Osteoporosis Rectal Cancer
Heart Attack FAMILY Medical History Family History Unknown Alcohol Abuse Anaphylaxis Anemia Anesthetic Complication	MRSA Infection or Colonization Please indicate if YOUR FAMILY have a (ONLY include parents, grandparents, s Breast Cancer Colon Cancer Depression Diabetes	history of the following: siblings, and children) Migraines Osteoporosis Rectal Cancer Seizures / Convulsions
Heart Attack FAMILY Medical History Family History Unknown Alcohol Abuse Anaphylaxis Anemia Anesthetic Complication Arthritis	MRSA Infection or Colonization Please indicate if YOUR FAMILY have a (ONLY include parents, grandparents, s Breast Cancer Colon Cancer Depression Diabetes Heart Disease	history of the following: siblings, and children) Migraines Osteoporosis Rectal Cancer Seizures / Convulsions Severe Allergy
Heart Attack FAMILY Medical History Family History Unknown Alcohol Abuse Anaphylaxis Anemia Anesthetic Complication Arthritis Asthma	MRSA Infection or Colonization Please indicate if YOUR FAMILY have a (ONLY include parents, grandparents, s Breast Cancer Colon Cancer Depression Diabetes Heart Disease High Blood Pressure	history of the following: siblings, and children) Migraines Osteoporosis Rectal Cancer Seizures / Convulsions Severe Allergy Steven-Johnson Syndrome
Heart Attack FAMILY Medical History Family History Unknown Alcohol Abuse Anaphylaxis Anemia Anesthetic Complication Arthritis Asthma Bladder Problems	MRSA Infection or Colonization Please indicate if YOUR FAMILY have a (ONLY include parents, grandparents, s Breast Cancer Colon Cancer Depression Diabetes Heart Disease High Blood Pressure High Cholesterol	history of the following: siblings, and children) Migraines Osteoporosis Rectal Cancer Seizures / Convulsions Severe Allergy Steven-Johnson Syndrome Stroke
FAMILY Medical History Family History Unknown Alcohol Abuse Anaphylaxis Anemia Anesthetic Complication Arthritis Asthma Bladder Problems Bleeding Disease	MRSA Infection or Colonization Please indicate if YOUR FAMILY have a (ONLY include parents, grandparents, s Breast Cancer Colon Cancer Depression Diabetes Heart Disease High Blood Pressure High Cholesterol Kidney Disease	history of the following: siblings, and children) Migraines Osteoporosis Rectal Cancer Seizures / Convulsions Severe Allergy Steven-Johnson Syndrome Stroke Thyroid Problems
Heart Attack FAMILY Medical History Family History Unknown Alcohol Abuse Anaphylaxis Anemia Anesthetic Complication Arthritis Asthma Bladder Problems	MRSA Infection or Colonization Please indicate if YOUR FAMILY have a (ONLY include parents, grandparents, s Breast Cancer Colon Cancer Depression Diabetes Heart Disease High Blood Pressure High Cholesterol	history of the following: siblings, and children) Migraines Osteoporosis Rectal Cancer Seizures / Convulsions Severe Allergy Steven-Johnson Syndrome Stroke
Heart Attack FAMILY Medical History Family History Unknown Alcohol Abuse Anaphylaxis Anemia Anesthetic Complication Arthritis Asthma Bladder Problems Bleeding Disease	MRSA Infection or Colonization Please indicate if YOUR FAMILY have a (ONLY include parents, grandparents, s Breast Cancer Colon Cancer Depression Diabetes Heart Disease High Blood Pressure High Cholesterol Kidney Disease	history of the following: siblings, and children) Migraines Osteoporosis Rectal Cancer Seizures / Convulsions Severe Allergy Steven-Johnson Syndrome Stroke Thyroid Problems

If you or your family member have been diagnosed with any other illness / disease not listed on this sheet, please notify your healthcare professional at the time of your appointment.

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Surgical History

Please answer every question

Anal Fissure Repair	Sinus Surgery	○ Vasect	omy	Deviated Nose Septum
Appendectomy Hemorrhoidectomy	Tonsillectomy Ulcer Surgery		Ligation	Abdominal Surgery
Prostate Surgery	TURP	Removal		
Gallbladder Surgery	Open	Laparoscopic		
Colon Polyp Removal	Open Open	Colonoscopy		
Colon Removal	Partial	Complete		
Hysterectomy (due to cancer)	Partial	Complete		
lysterectomy (not due to cancer)	Partial	Complete		
Spinal Fusion	O Neck	Lower Back		
Spinal Decompression	O Neck	Lower Back		
Dilation and Curettage (D&C)	Single	Multiple		
Lung Surgery	Left	Right	Both	
Kidney Removal	<u>Left</u>	Right	Both	
Cataract Surgery	C Left	Right	Both	
Breast Cancer Lump Removal	C Left	Right	Both	
Mastectomy	C Left	Right	Both	
Mastoidectomy	C Left	Right	Both	
Breast Reconstruction	◯ Left	Right	Both	
Breast Reduction	◯ Left	Right	Both	
Ovary Removal	◯ Left	Right	Both	
Hand	C Left	Right	Both	
Wrist	◯ Left	Right	Both	
Carpal Tunnel Surgery	◯ Left	Right	Both	
Elbow	◯ Left	Right	Both	
Arm	Left	Right	Both	
Shoulder	◯ Left	Right	Both	
Rotator Cuff Repair	C Left	Right	Both	
Arthroscopic Shoulder Surgery	◯ Left	Right	Both	
Neck	◯ Left	Right	Both	
Back	◯ Left	Right	Both	
Hip	◯ Left	Right	Both	
Hip Fracture & Surgery	◯ Left	Right	Both	
Total Hip Replacement	C Left	Right	Both	
Leg	C Left	Right	Both	
Leg Circulation Surgery	<u>Left</u>	Right	Both	
Knee	Left	Right	Both	
Total Knee Replacement	<u>Left</u>	Right	Both	
Arthroscopic Knee Surgery	<u>Left</u>	Right	Both	
Ankle	C Left	Right	O Both	
Foot	<u>Left</u>	Right	Both	
Thyroid Removal	C Left	Right	Total	
Carotid Artery Surgery	◯ Left	Right	Both	
Open Inguinal Hernia Surgery	C Left	Right	O Both	
roscopic Inguinal Hernia Surgery	<u>Left</u>	Right	Both	
Caesarean Section	<u> </u>	<u>2</u>	3 or m	ore
Heart Valve Replacement	Mitral	Aortic	Tricus;	
•	1 vessel	2 vessels	3 vesse	

If you have previously had any other surgeries not listed on this sheet, please notify your healthcare professional at the time of your appointment.